

# 6 Lane Pool Schedule 2017

## Monday Pool Hours: 7AM - 8PM

Time/Lane	6	5	4	3	2	1
7a-8a	Lap Swim	Lap Swim	Lap Swim	Lap Swimming 7am-4p	Lap Swimming 7am-4p	Lap Swim & Swim Test Lane
8a-9a	AM Energizer (S)					
9a-10a	Making Waves (S)					
10a-11a	Deep Water Mix (D)					
11a-12p	Rec Swim 12p-4p(S/D)					
12p-1p						
1p-2p						
2p-3p						
3p-4p	Swim School (S)					
4p-5p						
5p-6p	Aqua Fusion (Deep)			Lap Swim	Lap Swim	
6p-7p				Lap Swim	Lap Swim	
7p-8p	Rec Swim (S/D)			Lap Swim	Lap Swim	

## Tuesday Pool Hours: 7AM - 1PM 3PM-7:30PM

Time/Lane	6	5	4	3	2	1
7a-8a	Lap Swim	Lap Swim	Lap Swim	Lap Swimming 7am-1pm	Lap Swimming 7am-1pm	Lap Swimming & Swim Test Lane 7am-1pm
8a-9a						
9a-10a	Swim School 9a-12p (S)					
10a-11a						
11a-12p	Pool Closed 1pm-3pm					
12p-1p						
1p-2p						
2p-3p	Rec Swim 3p-4p (S/D)					
3p-4p						
4p-5p	Swim School 4p-7p (S&D)					
5p-6p						
6p-7p	Total Body Blast (D)			Lap Swim	Lap Swim	
7p-7:30p	Rec Swim (S/D)			Lap Swim	Lap Swim	

## Wednesday Pool Hours: 7AM - 8PM

Time/Lane	6	5	4	3	2	1
7a-8a	Pilates Flow 7:45a-8:45a (S)			Lap Swimming 7a-3p	Lap Swimming 7a-3p	Lap Swim & Swim Test Lane
8a-9a	Aqua Cardio Core (D)					
9a-10a	Swim School 9a-11a (S&D)					
10a-11a	Rec Swim 11a-2:30p (S/D)					
11a-12p						
12p-1p						
1p-2p						
2p-3p	Swim School 2:30p-7p (S&D)					
3p-4p						
4p-5p						
5p-6p	Aqua Insanity 6p-7p (D)			Lap Swim	Lap Swim	
6p-7p				Lap Swim	Lap Swim	
7p-8p	Rec Swim (S/D)			Lap Swim	Lap Swim	

## Thursday Pool Hours: 7AM - 1PM 3PM - 7:30PM

Time/Lane	6	5	4	3	2	1
7a-8a	Lap Swim	Lap Swim	Lap Swim	Lap Swim 7am-1pm	Lap Swim 7am-1pm	Lap Swim & Swim Test Lane 7am-1pm
8a-9a						
9a-10a	Arthritis 9a-10a (D)			Lap Swim 7am-1pm	Lap Swim 7am-1pm	Lap Swim & Swim Test Lane 7am-1pm
10a-11a	Swim School 9a-10:30a (S)					
11a-12p	Rec Swim 11am-1pm					
12p-1p						
1p-2p	Pool Closed 1pm -3pm					
2p-3p						
3p-4p	Swim School (S&D)			Lap Swim	Lap Swim	Lap Swim
4p-5p	Swim School 4p-4:30p All Lanes					
5p-6p						
5p-6p	Swim School 4:30p-7p (S&D)			Lap Swim	Lap Swim	
6p-7p	Aqua Power 6p-7p (D)			Lap Swim	Lap Swim	
7p-7:30p	Rec Swim (S/D)			Lap Swim	Lap Swim	

\*Availability is subject to change based on events, holidays, and maintenance.  
 Please check the website and email prior to arriving for important updates.  
 An updated schedule will posted at the pool entrance each day.

# 6 Lane Pool Schedule 2017

## Friday Pool Hours: 7AM - 8PM





Time/Lane	6	5	4	3	2	1
7a-8a	Lap Swim	Lap Swim	Lap Swim	Lap Swimming 7am-4p	Lap Swimming 7am-4p	Lap Swim & Swim Test Lane
8a-9a	Aqua Fit (S)					
9a-10a	M2M 9a-10a (Shared Shallow)					
10a-11a	Swim School 9a-11a (S/D) Shared Shallow End 9a-10a					
11a-12p	Rec Swim 11a-3:30p (S/D)					
12p-1p						
1p-2p						
2p-3p						
3p-4p						
4p-5p						
5p-6p	Swim School 3:30p-7p (S/D)					
6p-7p	Rec Swim (S/D)					
7p-8p						

## Saturday Pool Hours: 6AM - 6PM

Time/Lane	6	5	4	3	2	1
6a-8a	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swimming 12:30p-6p	Lap Swimming 12:30p-6p
8a-9a	H2O Cardio 7:30a-8:30a (S)					
9a-10a	Deep Water Directions 8:30a-9:30a (D)					
10a-11a	Swim School 8am-1p (S&D)					
11a-12p						
12p-1p						
2p-3p	Rec Swim 1p-6p (S&D)					
3p-4p						
4p-5p						
5p-6p						

## Sunday Pool Hours: 7AM - 5:30PM

Time/Lane	6	5	4	3	2	1
7a-11a	Swim School (S/D)			Lap Swim	Lap Swim	Lap Swim & Swim Test Lane
11a-12p						
12p-1p						
1p-2p						
2p-5:30p						
	Rec Swim					

Color Key	
	Lap Swimming Only
	Waves Swim School
	Water Fitness (S)-Shallow (D)-Deep (S&D) Both
	Recreational/Kids Swimming

S= Shallow End

D= Deep End

For any inquiries, questions, or comments regarding aquatics please contact us:			
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